

.....



CSAT, LLC

APRIL 2017

INFORMATION LETTER/UPDATE:

NEW ARTICLES:

Dry and Limited Live Fire

THE CSAT WAY

Shortly, I will be upgrading my website. I will also be adding video streaming with updated shooting videos that can be downloaded and reviewed at the range. This section will be entitled "The CSAT Way."

I will change filming angles and add any updated content. With filming in the past, I had little influence on the filming and angles. Camera people contracted were not shooters and could not articulate with their cameras what is important in video.

I am going to use instructors to video in short, no edit takes that capture the essence of each drill from the side and what I want to get across to the student. With the new website, you can take it to the range, stream it, and practice it on demand. My target length for a video is 3-5 minutes so you can find the content you are looking for and apply it without searching.

I will have two sections on the website with two prices. The Basic at \$10 a month. The other will be the Instructor Section at \$15 a month which will include the Basic section.

I have been teaching for over 17 years since leaving the military. I have thought about doing an instructor video to capture all the techniques I bring out in the instructor class. I will do this in the instructor section. This includes everything from receiving new students, to safety to mentoring. I will pass on what has made me successful and safe.

March 30, 2017

Page 2

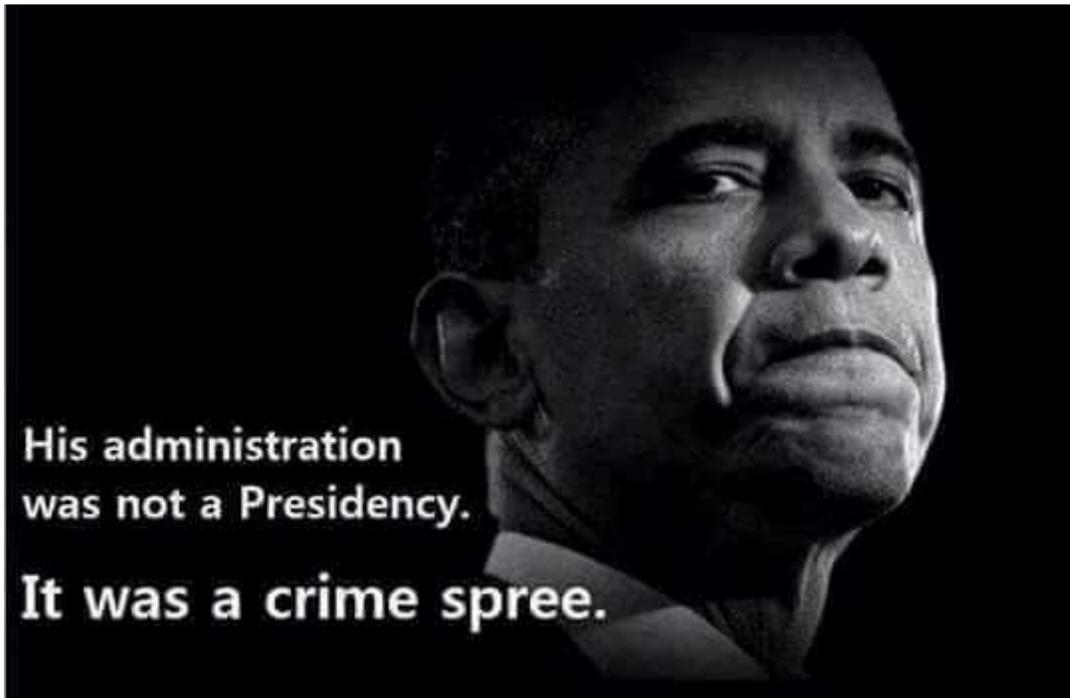
Next, I will do podcasts and my goal is to do one a week in the future, but two a month for now until I get my content videoed.

Finally, I will solicit input, questions and suggestions from you, the client/shooter. When I get enough of the same questions, I will address it in a video or podcast.

Thanks for your support.

Be Humble, Be Low Key, Be Deadly

MONTHLY PERSPECTIVE:



President Trump has taken over the biggest corporation in the world (America) and the media/left are complaining at every turn and less than 90 days have passed.

President Obama was the ringleader of a failed circus for eight years. He seeded the government with "Czars" who in turn brought in their own cronies. President Obama ran up our national debt like a teenager with a new credit card. President Trump must now clean this up.

Through Obama's lack of leadership and ineptness, Federal Government entities built their own empires and did as they please for eight years. Now President Trump must get them back on track and make they understand they work for the American People and not the demoncratic party (spelled this way on purpose.)



Homegrown liberal experts in America need to talk to some military vets who have been overseas and know Islam, their barbarism and goals. They hate us. No use in turning your head or pretending. That will only cause us to lose our way of life. I have been overseas many, many times and know the deal. They will come to our country, out breed us and we will pay for the medical expenses.

**A picture can say a thousand words.
Moments after the London Moslem
terrorist attack a group of people ran
to help a victim. One Didn't. Guess who?**



In the above photo, several people stop to help, but are clueless what to do and don't have med kits. The raghead walking by is typical of their cult religion. We need to remember this

March 30, 2017

Page 4

when they ask for compassion. Unlimited immigration has put our country at risk, just look at Europe.

Our military was weakened under Obama and their main focus was paying for transsexual operations.

The LGBT community and BLM were allowed to direct internal policies that only made them lose respect and support from most Americans.

Our allies have been let down and left to shake their heads at our government which became pay to play and made the Clinton's rich.

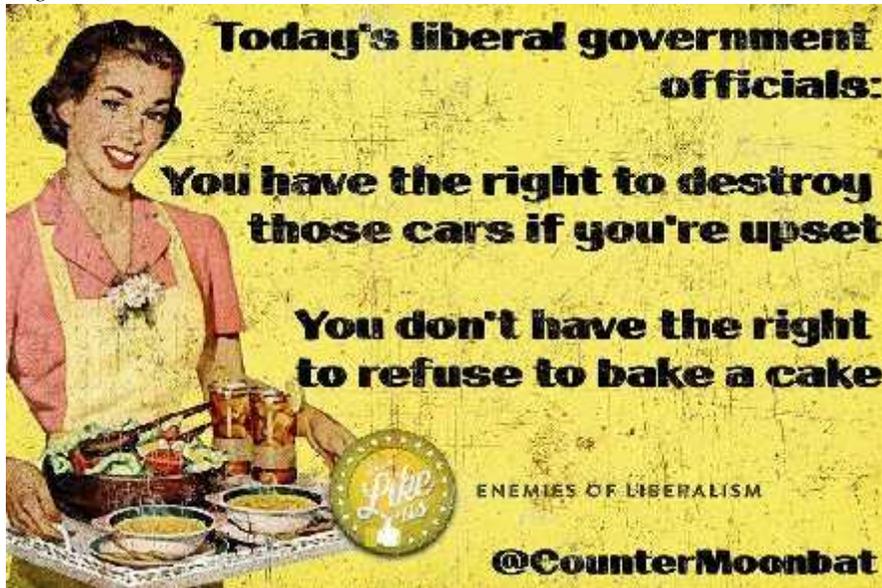
The media pushed the agenda and sold their souls to the liberals. I put our media in the same category as Muslims. Evil, undisciplined and ignorant.

Colleges have put kids out into a depressed job market and falsely ensured them they are "marketable." Unfortunately, college and the real world do not generally merge or complement each other. Business leaders must constantly retrain new employees that are generated from the "academic" world.

Finally, if our colleges wishes to support liberalism and Islam, cut them off from federal aid.

Americans have made a choice for a different future. Give it a chance to work. You might not be happy with the alternatives.





The Democrat Party is the world's most successful hate group. It attracts poor people who hate rich people, black people who hate white people, gay people who hate straight people, feminists who hate men, environmentalists who hate the internal combustion engine, and a lot of bratty college kids who hate their parents. However, the real secret of the party's success is that it attracts the support of journalists who hate Republicans, and who therefore work tirelessly to convince the rest of us that we should vote for Democrats.

LIBERALS AND MUSLIMS

Liberals and Muslims have a great deal in common:

-) Liberals and Muslims shout that demand rights they have not earned.
-) Both are bent on the destruction of the American way of life.

March 30, 2017

Page 6

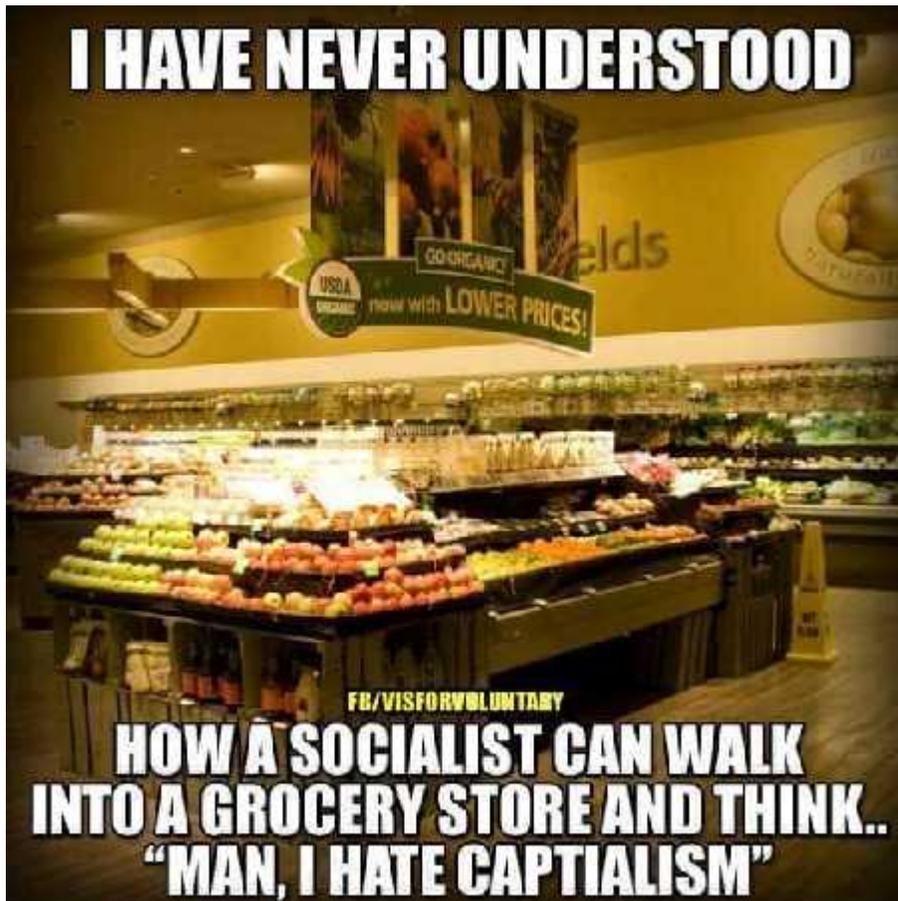
-) Both raise their offspring to hate instead of trying to better themselves and the world as we know it.
-) Both fail to offer productive solutions to their bitching.
-) Both treat fellow human beings with disrespect and contempt.
-)

I have little use for either one.





POLITICS







WAIT! So a 45-year-old man who calls himself Snoop Dogg, dresses like a teenager, smokes pot and talks about "ho's"



Calls the president of the United States a "CLOWN?"

CALLS PRESIDENT TRUMP AN IDIOT



NAMES THE WRONG FILM FOR BEST PICTURE

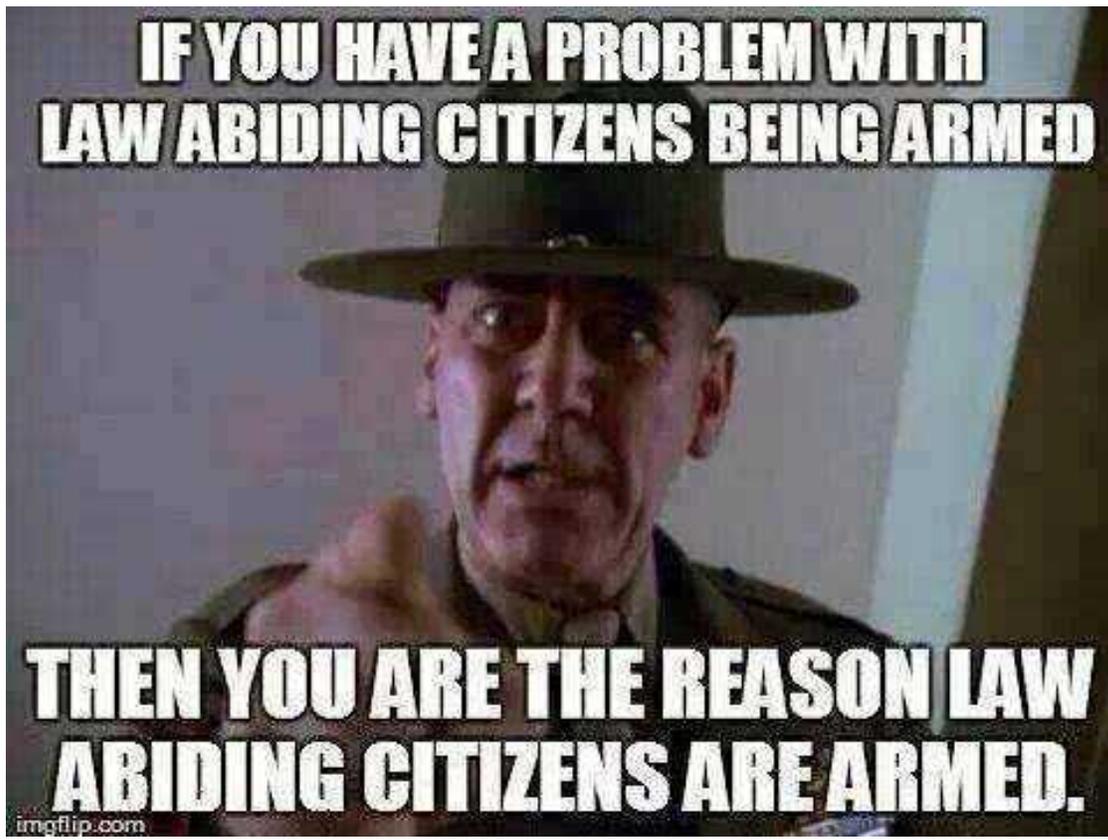
March 30, 2017

Page 11

If the Hollywood so called elite, wish to inject themselves into American politics, then we as good Americans need to impact their cash flow.

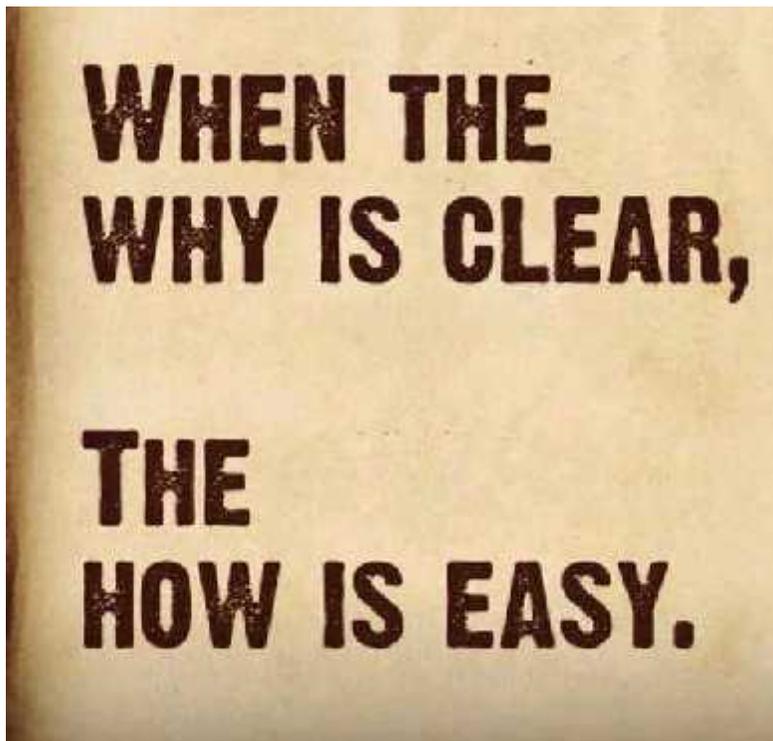
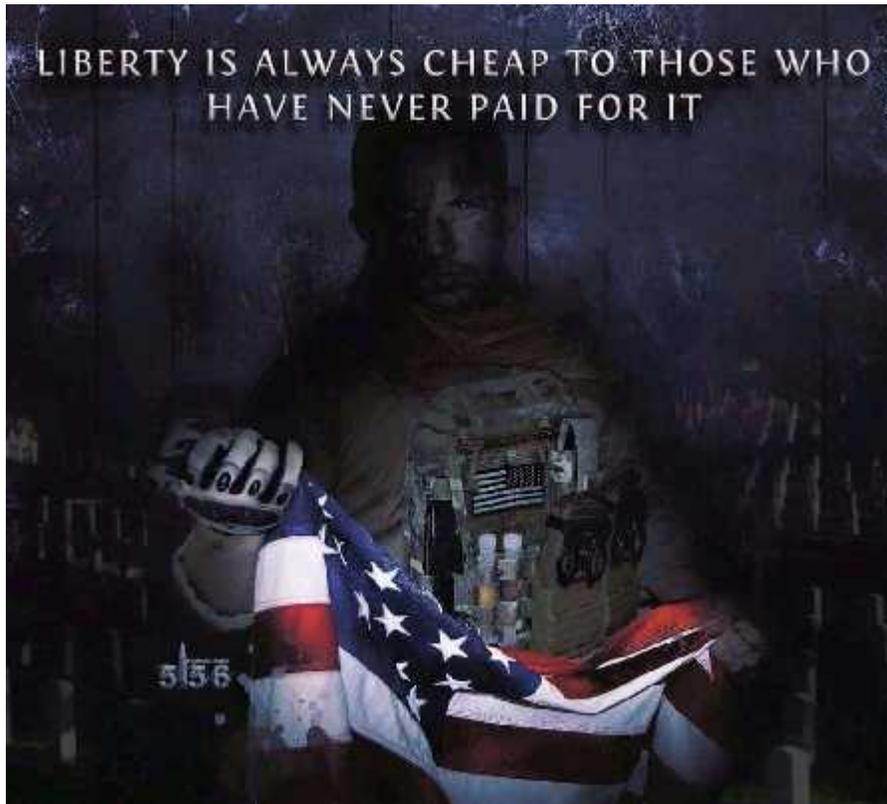
-) Don't see their movies
-) Don't buy their DVD's
-) Don't stream/download any of their work.

2nd AMENDMENT



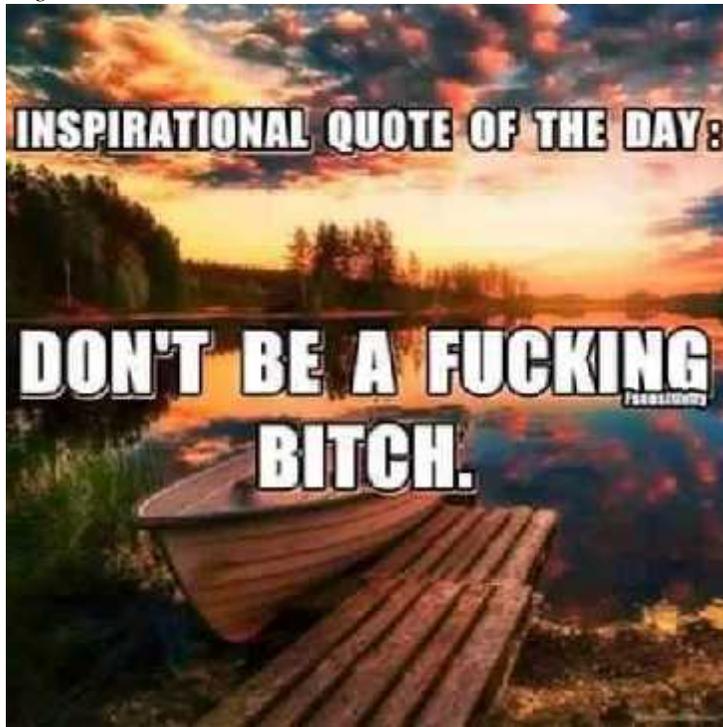
JOIN THE NRA.....and help shape their future and ours.

MOTIVATION





The honey badger eats porcupines and poisonous snakes, raids beehives for honey, kidnaps baby cheetahs, and steals food from hungry lions....
Honey Badger doesn't give a fuck



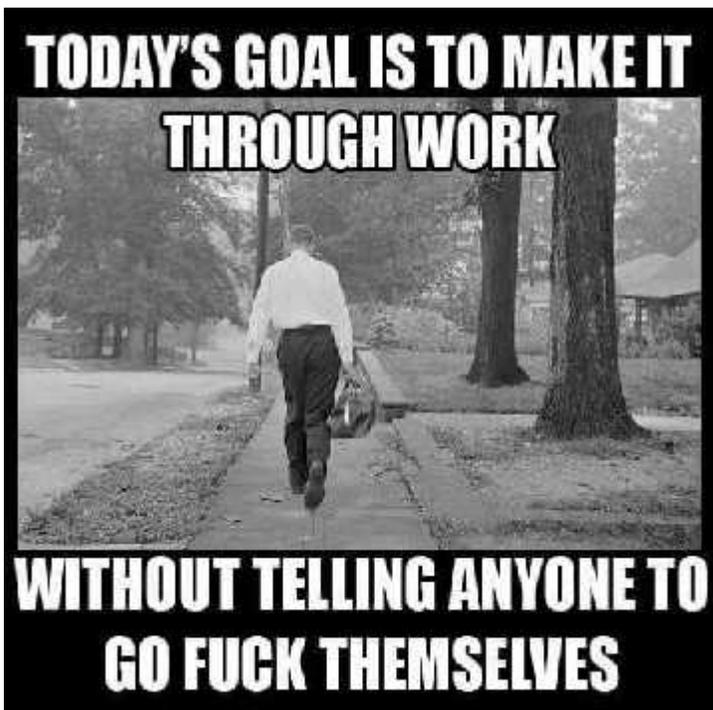
On a lighter note:



I'd rather have a colonoscopy with a fire hose than listen to one more ass sore Democrat bitch about Trump's appointees needing to be above "reproach" after 8 scandal filled years of Obama none of these Left-Wing hypocrite dickheads had any problem with.☆☆



**IF I WERE A BETTING MAN, I'D
ASSUME YOUR GENDER IS A
TRIPLE-MEAT WHOPPER WITH A
DOUBLE LARGE ORDER OF FRIES
AND A GALLON OF CHOCOLATE
MILK SHAKE...
IF THAT'S A GENDER.**



Today's 3 year olds can switch on laptops and open their favorite apps



**Me? When I was 3,
I ate mud**

TRAINING NOTES

Students coming to the Tac Pistol/Rifle Instructor class need to shoot the drills and study the videos prior to attending. I still get non-believers that come to class.

During the final two days of instruction, I will ensure that new students that come in get the best possible class as I will take admin control and perform the demos if yours are not to standard. When I allow you to mentor my students, I expect you to do an exceptional job.

Next, we just finished a CQT-Close Quarter Tactics course. On goal of the course is to familiarize students with stand up and ground fighting basics and push them toward a discipline of interest. I had a few students in the course that practice ground fighting from various disciplines.

If you are using ground fighting for sport or to keep fit, keep it up. I also try and respect every art and those practicing it. We are trying in three days to expose new students into other disciplines. We are not trying to make them experts, but rather get them into one or more martial arts, either stand up or ground.

March 30, 2017

Page 18

Don't be offended, but I don't care too much about how your discipline performs a choke/strangle. In general, I don't use the traditional stuff that is taught. In my opinion, it is slow and requires much practice time and time on target to execute. I was fortunate to be able to work with the Gracies in the day. They were consummate professionals, gentlemen and great trainers. This is where I learned about the ground.

Today I preach violent engagements and disengagements. This applies to ground fighting as well. It may take 3-10 seconds to put someone to sleep using a vascular restraint. I want the fight over in 3 seconds. I am always thinking multiple opponents and time on target.

In the CQT, we teach you a basic defense system and how to defend using hands, knives and guns and how to layer them on your body. We only go about 30% speed in class as we don't want to hurt anyone, but rather educate students in what is out there and encourage them to find a discipline and become better educated. Some of our students have not been in a fight before. Further, we get students that are not great shape and want to make the class safe for everyone. Finally, we get students to understand how to layer their weapon systems for various attack models and the class boosts their confidence level

If you are well trained in an art, I respect that. If you cannot check your ego in class, don't come. If you do come, take what you can use and discard the rest.

RANGE UPDATE:

Nothing new...

CLASSROOM/ LODGE:

None at this time.

EQUIPMENT:



James Williams new knife (top) available soon....

March 30, 2017

Page 19

HUNTING UPDATE:





March 30, 2017

Page 21

READING/MISC. INFORMATION

More books stacking up...

IN CLOSING

Thanks and we look forward to seeing you all soon.

Paul R. Howe